

MUSE Kitchen Weekly Menu



Week of 3.9-3.13.26



Monday

Snack	Oatmeal w/ Cinnamon Apples
Lunch	Italian Bean & Vegetable Soup w/ Homemade Garlic Bread



Tuesday

Snack	Blueberry Oat Bars
Lunch	Roasted Cauliflower Tostada Bowls



Wednesday

Snack	Farmers Market Fruit Salad w/ Coconut Yogurt & Granola
Lunch	Ahi Untuna Bowls



Thursday

Snack	Veggie Sticks w/ Hummus
Lunch	Portobello Mushroom Philly Cheesesteak Sandwiches



Friday

Snack	Bagels & Cream Cheese
Lunch	Peanut Chili Noodles w/ Braised Tofu & Mandarin Salad